



Cycling Toolkit

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Cycling

Cycling to work is one of the most convenient and cost-effective options to choose during a transit disruption and can easily be combined with other forms of transit to skip past congestion. Bicycles can cover 3-5 times the distance with approximately the same amount of time and energy as walking and are comparable to vehicle trip times for distances up to 5km (approximately 20–25 mins). Check with your employer to find out what bike parking and end-of-trip facilities are available to you to complement TransLink’s growing network of Bike Lockers and Bike Parkades. During the disruption, we’ll have complementary BEST bike valets at key SkyTrain stations and extra staff on hand at our bike parkades to help accommodate the higher volume of customers.

Bike Share

Our partners at Mobi by Shaw Go, U-bicycle and Hoppr will be increasing the number of bikes and staff at and near SkyTrain stations. Waiting for the chance to try Mobi’s dockless bike share? Enter the promo code **biketotransit** to receive a 50% on a 24-hour pass.

Did you know? People who bike to work are, on average, 15% more productive, and take fewer sick days than employees who drive.

Components of a successful bicycle program

- Provide a safe, dry place for employees to lock their bikes, change facilities and ideally a shower
- Provide a corporate fleet of bicycles or e-bikes for offsite trips.
- Offer a workbench and tools as well as drying racks for wet clothing.
- Provide a cash incentive or snacks for employees who cycle to work.

Tips for employees cycling to work:

- Determine what facilities your workplace offers to support biking e.g. secure bike parking, bicycle fleet, lockers, showers, drying racks.
- Plan your route ahead of time and find out your closest safe cycling route.
- New cyclists should consider starting out with distances from 1-5km.
- Make sure you wear warm/reflective clothing, a helmet and have lights on your rear and front.
- Check out more fall/winter cycling safety tips.
- Find a cycling champion at your work to share tips and answer questions or concerns of new bike commuters.





Resources

HUB Cycling

Bikes on Transit

Bike Valet

Bike Parkades

Cowlines

Mobi by Shaw GO – use the promo code **biketotransit** to redeem 50% off a 24-hour pass

U-Bicycle

Hopr

Bike Friendly Business Solutions

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