#22 Macdonald Lv. Knight & Marine at 6:48, 7:08 and 7:30 am #20 Granville Lv. Harrison Loop at 6:25, 6:47, 7:07 and 7:27 am #15 Downtown Lv. Cambie & 64th at 6:37, 6:57, 7:17 and 7:37 am #8 Downtown Lv. Marine & Fraser at 6:43, 7:03 and 7:23 am #3 Downtown Lv. Marine Drive at Main at 6:41, 7:00 and 7:20 am

From Vancouver (South Side)

#16 Downtown Lv. 29th Ave Station at 6:35, 6:55 and 7:15 am 7:13 and 7:32 am

#14 Arbutus Lv. Kootenay Loop at 6:15, 6:35, 6:53, #7 Dunbar Lv. Nanaimo Station at 6:41 and 7:11 am #4 UBC Lv. Elton & Renfrew at 6:35 and 7:05 am

From Vancouver (East Side)

#22 Knight Lv. 41st & Camarvon at 6:23, 6:43 and 7:03 am #20 Victoria Lv. Marpole Loop at 6:15 am and then every 20 min. #17 Downtown Lv. Marpole Loop at 6:18, 6:38, 6:58 and 7:18 am #14 Hastings Lv. 63rd & Granville at 6:35, 6:55 and 7:15 am #10 Downtown Lv. University Loop at 7:03 and 7:23 am #7 Nansimo Station Lv. Dunbar Loop at 6:45 and 7:15 am #4 Powell Lv. Blance Loop at 7:05 and 7:35 am

From Vancouver (West Side)

Arr. Burrard Station at 7:17 am (est.) Lv. Richmond Exchange at 6:45 Lv. Steveston: Chatham at 2nd Avenue at 6:24 am #406 Vancouver (Regular)

> Arr. Burrard Station at 7:37 am (est.) Lv. Richmond Exchange at 7:05

Lv. Horseshoe Way and No.5 Road at 6:46 am #403 Vancouver (Regular)

Arr. Burrard Station at 6:57 and 7:57 am (est.) Lv. Richmond Exchange at 6:25 and 7:25 Lv. Steveston: Chatham at 2nd Ave at 6:05 and 7:05 am #401 Vancouver (Regular)

From Richmond

Arr. Burrard Station at 7:15 am Lv. Coquitlam Centre* at 6:40 am Lv. Kingsway Avenue at Wilson Avenue at 6:30 am #160 Vancouver (Special)

*Please note that parking is available at these locations Arr. Burrard at Georgia at 7:35 am (est.)

Lv. Lougheed Mall at 7:00 Lv. Coquitlam Rec. Centre at 6:45 Lv. Port Coquidam Centre at 6:24 am

#152 Vancouver (Regular) Arr. Burrard at Georgia at 7:35 (est.)

Transfer to #152 ougheed Mall at 6:59 oquitlam Centre* at 6:33 am #147 New Westminster Station

From Coquitlam, Port Coquitlam, Port Moody

Arr. Burrard Station at 7:50 (est.) Lv. Ladner Exchange* at 7:15 Lv. South Delta Exchange at 7:00 am Lv. 2 Avenue at 52A Street at 6:50 am #601 Vancouver (Regular) Arr. Burrard Station at 7:10 am (est.) Transfer to SkyTrain Arr. Surrey Central Station* at 6:28

Lv. Newton Exchange at 6:15 am #321 Vancouver (Regular) Arr. Burrard Station at 7:40 am (est.)

Transfer to SkyTrain Arr. Surrey Central Station at 6:58 am Lv. Guildford at 6:48

Lv. 152nd Street at Fraser Highway (E.) at 6:41 am

#320 Surrey Central Station (Regular) Arr. Burrard Station at 7:40 am (est.) Transfer to SkyTrain Arr. Scott Road Station* at 7:04 am Lv. Scottsdale Mall at 6:48 am #319 Scott Road Station (Regular)

at Waterfront Station at 7:15. Then service every 5 minutes. rain leaves King George Station at 6:38 am, arriving

dy Skylrain service

From Surrey, Delta, White Rock

Arr. Pender and Burrard at 7:45 am (est.) Lv. Brentwood Mall at 7:13 am Lv. New Westminster Station at 6:51 am

#23 Stanley Park (Regular)

Arr. Pender at Burrard at 7:24 and 7:39 am (est.) Lv. Kingsway at Broadway at 7:11 and 7:26 Lv. Kingsway at Joyce at 6:56 and 7:11 Lv. Metrotown Station at 6:48 and 7:03 am

#19 Downtown (Regular)

From Burnaby, New Westminster

Arr. Georgia at Burrard at 6:54 and 7:54 (est.) Lv. Park Royal at 6:40 and 7:40 Lv. Marrine Drive at 25th Street at 6:32 and 7:32 am

#250 Vancouver (Regular)

Arr. Georgia at Burrard at 6:45, 7:15 and 7:45 (est.) Lv. Lonsdale Quay at 6:25, 6:55 and 7:25 Lv. Lonsdale at 15th Street at 6:22, 6:52 and 7:22 Lv. Prospect at Rockland at 6:15, 6:45 and 7:15 am

#242 Vancouver (Regular)

Arr. Burrard Station at 7:10, 7:20 and 7:30 am (est.) Lv. Phibbs Exchange* at 6:40, 6:50 and 7:00 Lv. Mountain Hwy at Lynn Valley Road at 6:30, 6:40 and 6:50 Lv. Underwood at Dempsey at 6:20, 6:30 and 6:40 am #210 Vancouver (Special)

operate every 30 minutes. arriving at Waterfront Terminal at 7:14. Service will then The first SeaBus will leave Lonsdale Quay at 7:02 am.

Early Seabus service



From the North Shore

downtown before 8 am. mented to get you services will be augbegin earlier and bus SeaBus services will transit. SkyTrain and line, or relax and take then race to the starting for parking spots and Compete with thousands

How do you get to the Vancouver Sun Run, Sunday April 20?

SkyTrain service improvements

Earlier SkyTrain service on Sundays

Starting Sunday, April 6, Sunday service will start one hour earlier. The first trains will leave King George at 7:08 am and Waterfront at 7:50 am. These times will also apply to most statutory holidays.

Earlier weekday SkyTrains from Waterfront

Eastbound trains now leave Waterfront Station beginning at 5:35 am instead of 5:50, arriving at King George Station at 6:14 am. Westbound service has not changed.

All trains now operate the full length of the system

Throughout the week, including Monday to Friday morning and afternoon peak periods, all trains now operate between Waterfront and King George Stations.

> Even if you're on the right track, you'll get run over if you just sit there. Will Rogers

More stops Greater Frequency

This popular express route will increase its frequency still further between Broadway Station and Alma and introduce two new stops: at Clark & Broadway and in the newly enlarged loop at UBC.

Riders to and from UBC can depend on good service throughout the summer.

When you find yourself in deep water, it's a good idea to keep your mouth shut

FOR INFORMATION ON HOW TO GET THERE BY TRANSIT

TIMETABLES are available free of charge at public libraries, city and municipal halls, community centres, and the BC Transit Lost Property Office at Stadium Station. TRANSIT GUIDES offer a map, a listing of all routes, and fare information. They're available at Safeways, 7-Elevens, SkyTrain station convenience shops and most FareDealers for a small charge. THE YELLOW PAGES show a route map, a list of bus routes and fare information. INFORMATION BY TELEPHONE: 521-0400. West Vancouver 985-7777, or call Talking Yellow Pages: 299-9000, #2233.

COMING EVENTS 1997 Bard on the Beach Shakespeare Festival will present Love's

Labour's Lost and The Winter's Tale, June 10 thru Sept 21. For information, or Festival brochure call 739-0559 V Explore turn of the century pastimes each Saturday in Apr at Historic Stewart Farm in Surrey's Elgin Heritage Park, noon to 4 pm. Adm by donation 🗸 North Vancouver Museum and Archives presents a major exhib on the work of firefighters: Fire! Exhibitions of Firefighting, Wed noon to 5 pm, Apr 10-Oct 12, 209 West 4th St. Info: 987-5618 < theatre students at Capilano College present Mad Forest by Caryl Churchill, Apr 4-5, 10-12 at the new Capilano College Theatre, 2055 Purcell Way. Tx \$10. Apr 10 matinee \$5. ✔ Metro Theatre presents Frank Vosper's Love from a Stranger, Wed-Sat 'til Apr 19. Tx: 266-7191 Capilano College Music Department's Spring Concert with Cecilia Ensemble Women's Choir, Capilano College Community Choir and Capilano College Singers, guest soloists and a professional chamber orchestra, Apr 6, 3 pm, Centennial Theatre, 23rd & Lonsdale. Tx at Theatre Box Office 984-4951 ✔ Presentation House Gallery presents an installation work by Jan Peacock and an exhibit of recent photographs by Uta Barth, Apr 5-May 11, 333 Chesterfield Ave, N.Van V Guatemala will be spotlighted in International Fairytales and Crafts for 6-9 year olds, Apr 22 & 24 at 3:30 pm, North Van City Library, 121 West 14th. Pre-register: 980-4424 ✔ Bloomin Pots: Delta Potters Spring Show, 'til Apr 30, Gallery North, 11415-84th Ave ✓ Scott Ashton Swan presents Charles Busch's Psycho Beach Party at Vancouver Celebrities Night Club, 1022 Davie St, Preview Apr 8. Opens Apr 9 and plays Wed-Sat at 8 pm. Tx: \$10.331-9979 ✔ Burnaby Writers Society announces Province-Wide Short Prose Competition with prizes of \$200, \$100 and \$50. Deadline May 31, 1997. Info: send S-A.S. E.to 7793 Royal Oak Ave, Burnaby, B.C. V5J 4K2 Vancouver School Board course on Writing Magazine and Newspaper Articles begins Apr 15, 7-9:30 pm, at King George Secondary, 1755 Barclay. Info: 713-4550 ✔ Port Moody Writing Workshop begins Apr 17, 10 am to noon at Kyle Centre, Info: 469-4561 ✔ B.C. Genealogical Society meets at Edmonds Centre for the Retired, 7282 Kingsway, Apr 9, 7:30 pm. V Dr. Sun Yat-Sen Classical Chinese Garden Art Exhibitions, daily 'til Apr 25. Wang Li Peng's paintings of Year of The Ox. Ho Wai Ling's pastel drawings of cats and children. Open daily 10 am to 4:30 pm. Adm \$5.25/\$3.75 ✓ Deep Cove Stage Society presents the thriller Death and the Maiden by Ariel Dorfman, Wed-Sat, Apr 18-May 3, 8 pm, Deep Cove Theatre. Tx: \$10/\$8.929-3200 ✓ The Fig. Arts Centre Dance Series presents Radix Theatre's The Blind Mu Apr 8-12, 8 pm. Tx \$16/\$14. 689-0926

Apr 9 - Tea/Cake Walk, L.A. to Apr 18/19 - Thrift Sale, St. Faith's, Royal Cdn.Legion, 727 E.49th, 1 W.57th & Cypress. Fri 7-8:30 pm, pm. Raffles, baking, \$2.50 Apr 12 - Flower Show and Plant Apr 19 - Tea/Bake Sale, Danish Sale, Ladner Community Hall, Lutheran Church, 6010 Kincaid, 4734 51st St. Ladner. 10:30-4:30 Bby, 11-3. Crafts, books, lunch

Burnaby United, Rumble & Gray,

10-2. Clothing, Housewares, etc

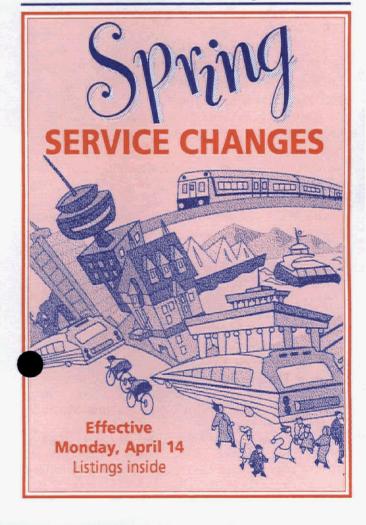
Sat 10-11:30 am.

Apr 17 - Thrift Shop Sale, South

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More Sun Run fun by Transit



Spring transit service updates, effective Monday, April 14

Vancouver, Richmond & Ladner

2 Park & Ride

This route, currently offering service every 12 minutes during peak periods, will be replaced by suburban b on Hastings offering service every 5 minutes.

4 Powell/UBC/Upper Lynn Valley

7 Nanaimo Station/Dunbar

10 Downtown/UBC

These routes will terminate downtown at Pender & Homer.

14 Arbutus/Downtown

16 29th Avenue Station/Downtown

These routes will combine the evening. The #14 Downtown will become the #16 29th Ave Station at the Granville Bridge. The #16 Downtown will become the #14 on Hastings Street.

19 Metrotown Station/Downtown

This route will terminate downtown.

22 Knight/Macdonald

49 Metrotown Station/Dunbar Loop

Spring and summer peak-period trips will terminate at Dunbar Loop.

51 Granville Island 52 Around the Park 5

Buses will provide hourly service Saturday, Sunday and holidays. #52 service will begin April 5

85 UBC 🕹

After April 30, service will be discontinued until Sept.

99 B-Line

Will provide more frequent service between Broadway Station and Alma. New stops at Clark and UBC Loop

401 One Road/Vancouver

403 Three Road/Vancouver &

406 Railway/Vancouver

407 Gilbert/Vancouver

During the morning peak, buses will begin operating via Garden City and Capstan to Sexsmith Park & Ride.

404 Airport/Ladner Exch/Tsawwassen Ferry Term

The route, presently terminating at Ladner Exchange, will be extended hourly to the Tsawwassen Ferry Terminal for spring and summer.

480 Steveston/UBC

After April 30, service will be discontinued until Sept.

603 Beach Grove/Vancouver

604 English Bluff/Vancouver

Route will be revised north of 12th Avenue.

North Vancouver

210 Upper Lynn Valley/Vancouver 🗟

214 Blueridge/Vancouver

228 Lynn Valley/Lonsdale Quay

229 Phibbs Exchange/Westlynn/Lonsdale Quay

239 Capilano College/Park Royal

290 Deep Cove/Vancouver

292 Upper Lynn Valley/Vancouver

Additional trips will be provided.

236 Lonsdale Quay/Grouse Mountain

Service frequencies on Saturdays, Sundays and holidays will be improved.

285 SFU/Capilano College

Service will be discontinued April 11 until September

286 North Vancouver/UBC

Morning peak service only will be provided until April 30, then discontinued for the summer.

Coquitlam/Port Coquitlam

143 Coquitlam Station/SFU

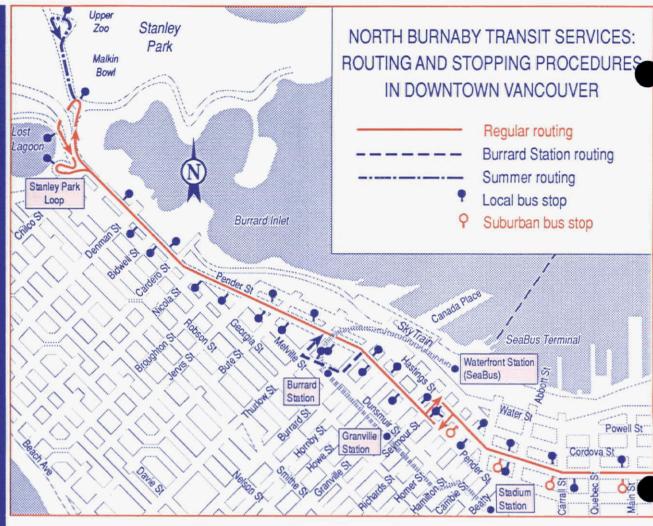
147 Coquitlam Station/New Westminster Stn. 6

Trips will no longer detour to Port Moody Station, eastbound in the morning peak, westbound in the evening peak.

160 Port Coquitlam Station/Coquitlam Station/ Vancouver

Due to low customer demand, the 5:43 am trip from Port Coquitlam Station (to Port Moody Station only) and the 5:16 pm from Port Moody Station will be cancelled. Alternative service to/from Port Moody Station will be provided by regular #160 service to/from Vancouver.

Stopping procedures in downtown Vancouver



All North Burnaby routes to downtown Vancouver will operate to all local westbound stops west of Main Street. In the eastbound direction, North Burnaby buses will serve all local stops, except at the following locations where the #123, 135 and 136 routes will serve suburban bus stops (1) eastbound Hastings nearside Homer (2) eastbound Hastings farside Cambie (3) eastbound Hastings nearside Carrall (4) eastbound Hastings nearside Main.

Burnaby & New Westminster

104 Annacis Island/22nd Street Station 110 Lougheed Mall/Metrotown Station

Buses operating between Burnaby City Hall and Metrotown Station will be rerouted via the Bond/ Nelson area. A 20-minute peak-period frequency will be included between Metrotown Station and Lougheed and between Metrotown and Burnaby City Hall.

123 New Westminster Station/Burrard Station

Will replace the #120 and provide direct daytime service, Monday to Saturday, between New Westminster Station and downtown Vancouver, via Canada Way, Willingdon and Hastings Street. Between New Westminster and PNE Park & Ride and between Main Street and downtown Vancouver, buses travelling in either direction will stop to pick up and drop off. Between PNE Park & Ride and Main Street, westbound buses will drop off only at Renfrew, Nanaimo and Commercial. Eastbound buses will pick up only at Commercial, Nanaimo and Renfrew. (See accompanying map for #123 and other routings and stopping procedures in downtown Vancouver).

23 New Westminster Station/Stanley Park

Evenings, Sundays and holidays, buses will follow the same route as the #123, but will pick up and drop off at all stops. Most trips operate to Stanley Park via Pender and Georgia.

135 SFU/Stanley Park

Will provide direct daytime service, Monday to Saturday, between SFU and downtown Vancouver, via Hastings. Stopping procedures will be the same as for the #123, with limited drop off only westbound and pick up only eastbound between PNE Park & Ride and Main Street.

FU/Stanley Park

rerouted via Central Boulevard.

Evenings, Sundays and holidays, buses will follow the #135 route but will pick up and drop off at all stops.

129 Brentwood Mall/Metrotown Station

This new route will provide service via Burnaby General Hospital and Patterson SkyTrain Station.

130 Metrotown Station/Kootenay Loop Service frequencies will be improved and buses will be

134 Lougheed Mall/Brentwood Mall Service will be rerouted via Curtis Avenue.

136 Montecito/Kootenay Loop/Stanley Park

Peak-period, direct service to and from downtown Vancouver via Hastings. Runs Mon-Fri in peak directions only (Westbound in the AM, eastbound in the PM). Stopping procedures will be the same as for the #123 and #135 with limited drop off westbound and pick uponly eastbound between PNE Park & Ride and Main Street. At other times, the #136 operates between Montecito and Kootenay Loop only.

137 Capitol Hill/Brentwood Mall

Service will be rerouted to Brentwood Mall.

150 Lougheed Mall/Vancouver

Will provide late night "Owl" service between Lougheed Mall and downtown Vancouver, via Hastings Street.

Surrey/North Delta/Langley

318 Scottsdale Mall/Ladner Exchange

319 Scottsdale Mall/Scott Road Stn

The #319 will be revised to operate as two separate routes (#318 and #319).

320 Langley Centre/Surrey Central Stn & Route will be revised to operate via 51B Avenue.

330 Surrey Central Station/Scott Road Station 640 Tsawwassen Ferry/Scott Road Station 6

The #640 will now operate only between Tsawwassen Ferry and Scott Road Station. The #330 will provide service between Scott Road Station and Surrey Central Station. Since the elevator at Scott Road is on the east side of the station and isn't accessible to conventional buses, wheelchair passengers wishing to board the #640 at Scott Road can detrain at Surrey Central Station, to the #330 to Scott Road and transfer to the #640, #64 passengers wishing to board SkyTrain can transfer to the #330 at Scott Road and board SkyTrain at Surrey Central Station.

Alternatively, passengers may phone Surrey handyDART at 591-8234 before starting their trip and request shuttle service between the west and east sides of Scott Road Station. Surrey handyDART office hours are: 8 am to 4 pm, Monday to Friday; 9 am to 5 pm, Saturday, Sunday and holidays.